

Contact: Julie Eaton
Ozarks Regional YMCA
417 S. Jefferson
Springfield, MO 65806
417-862-8962 ext.124

January 26, 2010

FOR IMMEDIATE RELEASE
YMCA “Girls on the Run” Valentine 5k Run

The ‘Girls on the Run’ Valentine 5k Run is Saturday, February 13th at 9 a.m.

The registration fee is \$20 and the deadline is Monday, February 8th or you can pay \$25 on the day of the race. Packet pickup and registration can be done from 3 p.m. to 7 p.m. at the downtown YMCA Friday, February 12th or 8 a.m. to 8:45 a.m. on race day Saturday, February 13th.

The course begins and ends at the Catholic Campus Ministry, 847 S. Holland on the MSU Campus.

For more information please call Trish Hopkins at 860-2727.

Awards will be given out for overall male and female who will receive a 1 year YMCA individual membership. Top 3 in the following age groups: ages 9 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and older: cutest couple, best dressed male, best dressed female, oldest runner, and youngest runner.

Special thanks to our sponsors: Law Office of Doug Fredrick, LLC, Harry Cooper Supply, and Candy House Gourmet Chocolates.

The Ozarks Regional YMCA has served the community for over 122 years and has over 20,000 members in the association to build strong kids, strong families and strong communities. The Ozarks Regional YMCA consists of eight branches including, The Ozark Mountain Branch in Hollister, Bolivar/Dallas County Area YMCA, Monett/Cassville, Lebanon Family YMCA, Camp Wakonda, Child Care branches and two facilities in Springfield.

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Corporate Offices
417 S. Jefferson
Springfield, Mo 65806
p. 417.862.7456
f. 417.866.9527

Roy Blunt YMCA of Bolivar
1710 W. Broadway
Bolivar, Mo 65613
p. 417.326.3100
f. 417.326.3106

Cassville YMCA
408 State Hwy 248
Cassville, Mo 65625
p. 417.846.1535
f. 417.847.6654

Child Care Branch
417 S. Jefferson
Springfield, Mo 65806
p. 417.862.7456
f. 417.862.4004

Pat Jones YMCA
1901 E. Republic Road
Springfield, Mo 65804
p. 417.881.1599
f. 417.881.3595

Monett Area YMCA
205 Euclid Street
Monett, Mo 65708
p. 417.235.8213
f. 417.235.8731

Ozark Mountain Family YMCA
175 Industrial Drive
Hollister, Mo 65672
p. 417.337.YMCA
f. 417.332.1012

G. Pearson Ward YMCA
417 S. Jefferson
Springfield, Mo 65806
p. 417.862.7456
f. 417.862.4004

Camp Wakonda
22237 Lawrence 2080
Ash Grove, Mo 65604
p. 417.491.4206
f. 417.491.4208

Dallas County Area YMCA
932 W. Main
Buffalo, Mo 65622
p. 417.345.1116
f. 417.345.1353

Lebanon Family YMCA
500 E. Elm
Lebanon, Mo 65536
p. 417.588.1177
f. 417.588.1140